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### **Prescriptions**

RCCSMA understands that prescription medication costs can be overwhelming. Medication coverage, also known as formularies, vary with each insurance company and within each plan within that company. This makes the task of keeping up with each patient's plan impossible.

If the cost of your prescribed medication is excessive, there may be alternative medications within the same class that your insurance will cover. To assist RCCSMA in finding an alternative medication, we need to explore your insurance plan formulary. We ask that you call your insurance company to ask about alternative medication and coverage options. The insurance company number is located on the back of your insurance card.

Once you have this information, you can call RCCSMA at 904-253-6910 option 3 (Triage). We can then help get the covered medication prescribed. If the medication is not felt to be an acceptable alternative, we can arrange a follow up clinic appointment for discussion with your doctor. If you call without the formulary information, you will be asked to complete this step before we can help.

### **CPAP Supplies and Machines**

CPAP machine and/or CPAP supplies orders will be sent to your Durable Medical Equipment (DME) company. Your DME company obtains authorization from your insurance company and then will contact you. The DME company can then answer questions about cost and delivery. This process can take up to 4 weeks.

If you have financial questions regarding your CPAP machine and supplies, please direct these to your DME company or your insurance.

Insurance will cover the following CPAP supplies at the following intervals: (additional supplies outside these windows will be an out of pocket expense)

Machine	1 every 5 years (depending on insurance)
Headgear	1 every 6 months
Chinstrap	1 every 6 months
Tubing	1 every 3 months
Disposable Filters	2 every month
Non-disposable Filters	1 every 6 months
Water Chamber	1 every 6 months
Mask	1 every 3 months
Cushions for Mask	2 every month

